NASSAU CASE MANAGEMENT PROGRAM

Linking Seniors To Services In Nassau County

If you, or older persons you know, are having difficulty living independently at home, Case Managers may be able to provide assistance.

Case Managers provide home visits and comprehensive evaluations at no cost for needs around health, financial, nutrition, and entitlement and benefits, develop a care plan that will meet your needs, and connect you to available resources, including:

- Adult Day Care
- Companions
- Counseling
- Emergency Response Systems
- Entitlement Programs such as Medicaid, SNAP/Food Stamps, HEAP
- and others
- Friendly Visiting
- Home Delivered Meals
- Housing Options
- In-home Personal Care Aide
- Legal Services
- Long Term Care Options
- Medical Equipment & Supplies
- Respite Care
- Senior Centers
- Telephone Reassurance
- Transportation

Speak with a Case Manager Today!

516-743-9634 | www.selfhelp.net
A key component of case management services is assessing and connecting older adults to needed in-home aide services. The Case Manager will determine eligibility during the initial assessment process.

**Homemaking/Housekeeping includes:**
- Meal preparation
- Light cleaning
- Shopping assistance
- Escort
- Laundry

**Hands-on” assistance with:**
- Bathing
- Dressing
- Walking
- Feeding

**General Eligibility**
- Adults 60 years of age or older
- Require the assistance with activities of daily living or personal care
- Be receiving no like assistance from another source (Medicaid, Title XX, etc.)
- Be in need of additional in-home support
- Be able to live safely at home

Phone: 516-743-9634  
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www.selfhelp.net

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