When the Time Came, a Small Group

November 10, 1936. It was a chilly November evening when a small group of recent German émigrés came together in the living room of a Manhattan apartment. Their purpose: to take action to rescue their friends, neighbors, and relatives who were still stranded in Europe and facing increased danger from the Nazi regime. From this initial meeting, the organization we know today as Selfhelp Community Services was born.

We are proud to present our 86th Anniversary Annual Report, and we invite you to journey with us through Selfhelp’s fascinating story. Over the decades, our constituency has greatly expanded and our service offerings have increased in number. Yet, the values that guided Selfhelp from its inception are ever-present.

Living independently with dignity remains the motif that runs through our history and still drives our work 80 years later. This is illustrated, time and again, through the stories we share:

Mrs. K., an 85-year old Holocaust survivor of limited means, receives a free hearing aid and exclaims, “After years of solitude and quiet, a whole new world has entered my ears and mind...”

Mrs. A., homebound and recovering from a stroke, rekindles her love of music and the arts through classes she takes as a participant in our Virtual Senior Center.

Mr. S., 100 years young, enjoys visiting with his fellow residents at Selfhelp’s Harry and Jeanette Weinberg Apartments, and the comfort of knowing that his Selfhelp social worker is just down the hall.

Mr. S., 20 years young, enjoys caring with his fellow residents at Selfhelp Harry and Jeanette Weinberg Apartments, and the comfort of knowing that his Selfhelp social worker is just down the hall.

Mrs. A., housed and dining from a studio, subtitles for live music and the arts through classes taken as a participant at our Virtual Senior Center.

Mission
Selfhelp is a not-for-profit organization dedicated to maintaining the independence and dignity of seniors and at-risk populations through a spectrum of housing, home health care, and social services and with such in-demand new technologies and methodologies to address changing needs of our community. Selfhelp will continue to serve at the “fastest growing relative” to its historic constituency, veterans of Nazi persecution.

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Thanks to their long-term home health aide, Cheryl, Mr. and Mrs. F. live safely at home despite his dementia and her physical impairments.

Eighty years ago, Selfhelp assisted refugees as they rebuilt their lives in America. Today, we continue to provide essential services to Holocaust survivors and to a broader community of older adults, including immigrants from all over the world. We touch the lives of over 20,000 clients in 26 sites throughout New York City and Nassau County.

Our founders imbued Selfhelp with a spirit of innovation, unfettered vision, and willingness to navigate uncharted territory. Today, we are among the largest and most highly regarded human service organizations in the New York metropolitan area.

We mark our eightieth year with celebrations and with a commitment to retaining the spirit of our founders, even as we continue to evolve in response to a new health and human services environment and changing client needs. Here are some of our current projects:

- We are engaging with health care providers regarding the use of social services to reduce the need for hospitalization, under New York State’s Delivery System Reform Incentive Payment (DSRIP) program. At the same time, we are developing new models of service which blend social services with health promotion and prevention activities.

- In keeping with New York City’s plan to create or preserve 200,000 units of affordable housing, we are building two new apartment buildings, and have one on the drawing board, which will yield 244 new units of affordable housing specifically for seniors. We are also speaking with our partners about new opportunities.

- We are planning our fifth International Conference, which will bring together professionals who work with Holocaust survivors from all over the world. Our last Conference attracted 300 attendees, and focused on issues of resilience, the long-term effects of trauma, child survivors, and benefits and restitution.

- Outcome measurement has become an integral part of our work. Our clients have long provided us with anecdotal evidence attesting that our programs are transformational. We are confirming their feedback with more formal research. For example, with funds from the JPMorgan Chase Foundation, we are working with an external evaluator to examine how the services we provide in affordable housing reduce health care costs. And, we are working with managed care partners to plan an evaluation of how the Virtual Senior Center impacts avoidable hospitalizations and emergency room use.

We remain grateful for your companionship and your support along our journey. Whether we are reflecting back, or looking ahead, our friends and supporters have ensured that Selfhelp remains strong, innovative and responsive to the changing environment. With your continued partnership, we look forward to touching the lives of tens of thousands of new families, far into the future.
I knew Nilus, would have never left my dear father Felix, my dear brother Jacob and Michael, my dear wife Hannah, I was very proud of my children and grandchildren.

I am Abraham's eldest, I am very happy to know my family.

My dear mother Agnes was very happy to see me.

My dear sister Helen at 14 and my dear sister Helen at 15.

We were in camps, Auschwitz, and I was the only one that came out alive from that "Hell."
Our Story Begins

In the living room of a Manhattan apartment on November 10, 1936, a group of German émigrés gather to discuss the plight of their compatriots, anxious to escape the threat of Hitler’s tyranny. Selfhelp for German Refugees is created.

“...AND TOOK ACTION

1936

It was the time when the Nazi regime unfolded its murderous designs, when even the reluctant, in growing numbers, realized that they had to leave their homes...”

– T.S., a Selfhelp Founder
1939 - 1941
Refugees Arrive in Increasing Numbers

War erupts and waves of refugees approach Selfhelp for assistance. Volunteers from Selfhelp respond by guiding confused immigrants through a maze of bureaucratic paperwork, and help provide food, shelter, clothing, employment and financial assistance.

THEN AND NOW

Selfhelp’s early volunteers initiated the personal service that would become our organization’s hallmark. Today, Selfhelp’s social workers at our affordable apartment buildings, senior centers, and NORCs provide advocacy to help clients obtain benefits and entitlements, and referrals to a myriad of social services. Three comprehensive case management programs provide intensive support to elders living in the community in Brooklyn, Queens and Manhattan. Last year alone, these programs leveraged nearly $3.6 million in support for food, housing, transportation, and other life essentials for needy older adults.

Selfhelp retains its commitment to victims of Nazi persecution, and has also built upon its experience to benefit tens of thousands of clients representing a broad spectrum of cultures and ethnicities.

Pictured above: Selfhelp Social Worker Julia Pilosov with Martin Lande House resident Aida Balay.
1946 – 1956

Selfhelp Begins to Serve Holocaust Survivors

Following World War II, Selfhelp is called upon to assist Holocaust survivors and other displaced persons who come to the United States without family, homes or funds. Many are ill, and all are devastated by the horrors they have experienced.

THEN AND NOW

Our founders promised “to serve as the last surviving relative to victims of Nazi persecution.” While the war ended more than 70 years ago, Selfhelp’s work with survivors remains very much alive. Today, Selfhelp is the oldest and largest organization in North America providing comprehensive services to Holocaust survivors – nearly 4,700 in the last year alone.

Most people are surprised to learn that there are still nearly 60,000 Holocaust survivors living in the New York City area, and that over half of them are living at or below 150% of the poverty line (a mere $16,335 for an individual). Many are becoming frailer and more in need of services as they age.

The crises experienced by survivors today often stem from the acute loss, dislocation, and deprivation they suffered decades ago. Selfhelp’s professionals are well versed in the psychological impact of the Holocaust, and are experts in accessing a wide range of benefits available to survivors. Sensitivity training is provided to the cohort of home health aides that work with this population.

Pictured above: Dancing at a Selfhelp Coffee House.
“The very low death rate and the fact that in more than four and a half years only one tenant needed to be transferred to a home for the aged indicates the value of suitable housing ...and the importance of stand-by services that can be delivered when needed...”

— Excerpted from Selfhelp’s 1968 Annual Report
1964

Affordable Housing for Holocaust Survivors

Selfhelp becomes convinced that placing the elderly in old age or nursing homes would precipitate their decline. A staff of newly hired professional social workers visits clients regularly in their own homes to provide counseling, arrange for homemaker services, and respond to emergencies.

As a result of this program’s overwhelming success, Selfhelp develops the innovative notion of building an apartment complex with supportive services where seniors could live independently among friends with similar interests. In 1964, the Helen R. Scheuer House opened its doors to 200 tenants in Queens. It is the first state-aided project to be built in New York by a not-for-profit organization.

THEN AND NOW

Selfhelp now operates nine housing sites, which provide over 1,300 seniors with affordable and supportive housing in Queens and on Long Island. Two more buildings are under construction, in the Bronx and Brooklyn.

Selfhelp’s buildings offer much more than just an affordable place to live. Onsite social workers promote residents’ independence and quality of life as they age in their homes.

Services include supportive counseling, community nursing visits, innovative aging services technologies, advocacy for entitlements and benefits, home health care, medication management and housekeeping, all available if and when requested.

Pictured above: Rendering of Selfhelp’s eleventh building, currently under construction in Brooklyn and scheduled to open in early 2017.
1969

Name Change to Selfhelp Community Services
After several interim name changes, Selfhelp Community Services is chosen to reflect the organization’s comprehensive network of community-based services and the broader population it now serves.

Project Pilot Opens
Project Pilot is established on Manhattan’s Upper West Side, the first of our three case management programs. These programs perform evaluations and coordinate services to help seniors live independently in their own homes. Counseling is offered regarding entitlements and benefits that may be available, such as financial assistance, home delivered meals, home care and housekeeping services.

1972

Community-based Programs Open for Nazi Victims
Selfhelp’s vital work for victims of Nazi persecution expands with the establishment of community-based programs in Washington Heights and Queens. Similar programs subsequently open in the Bronx, Manhattan, Brooklyn and Nassau County.

“It should be noted that about 100 of our homemakers are women that came to this country as victims of Nazi persecution and who had been associated with Selfhelp for 20 or more years.”

– Excerpted from Selfhelp’s 1968 Annual Report
First Senior Center Established in Queens

Selfhelp’s first senior center is established in Latimer Gardens in 1973, with the goal of giving isolated older adults the opportunity for creative engagement, a nutritious hot meal, and direct services.

Today, Selfhelp operates five robust senior centers in Queens, which provide 9,300 individuals with a daily mix of educational, cultural, recreational, and wellness programming. In 2012, Selfhelp’s creative senior center programming led to a signal honor: the designation of our Benjamin Rosenthal-Prince Street Senior Center by then-Mayor Michael Bloomberg as one of New York City’s ten Innovative Senior Centers. Four hundred members a day stream through the doors of this flagship center for a full schedule of computer learning, choral instruction, formal dancing, Wii bowling, citizenship preparation, healthy eating, exercise and much more.

Pictured above: Tai Chi at the Benjamin Rosenthal-Prince Street Senior Center.
and homemakers. Selfhelp formally inaugurated its Homemaker Services program in 1941, and its Home Nursing Service in 1942. By 1977, Selfhelp has become the largest provider of home care in the metropolitan area, and receives a grant from the New York State Department of Labor to provide formal training to home health aides.

**1977**

**Opening of the Guthery Institute for Home Care Training**

When waves of émigrés arrived on these shores, the men were often difficult to employ, as many needed to improve their English and receive new training in order to qualify for the jobs that were available. The women, however, could work immediately, and they did so as practical nurses.

Today, Selfhelp annually provides tuition-free training, certification, employment, and mentorship to approximately 350 of New York's hard-to-employ individuals, preparing them for employment in the profession of home care. Many are single parents, recent immigrants, or adults struggling to become self-sufficient by moving from welfare to work. Most have never been gainfully employed.

After three weeks of training and a hands-on certification process, aides are eligible for employment with Selfhelp’s Licensed Home Care Services Agency or another home care provider.

With 1,700 active home health aides on our roster, today Selfhelp delivers over 2 million hours of in-home care to elderly, frail, and disabled individuals.

_Pictured above: Mr. Farkas and his Selfhelp Home Health Aide, Toure Ndeye._
1983
Selfhelp Joins UJA-Federation of New York as a Member Agency

We greatly value our close partnership with UJA-Federation, which provides Selfhelp with vital support for both our fundamental programs and our pioneering initiatives. They are tireless advocates for our clients and have recently redoubled their commitment to the many Holocaust survivors served by Selfhelp. UJA-Federation has provided Selfhelp with generous core funding and program grants as well as technical assistance, introductions to funders, outreach to elected officials, and much more.

1986
Nazi Victim Guardianship Program is Established

As some survivors are unable to manage their own financial or domestic affairs, Selfhelp seeks permission from the Court to become their legal guardian, charged with acting in their best interests on their behalf so that they may continue to live as independently as possible. Today, Selfhelp operates the only Guardianship program in North America designed specifically for Holocaust survivors. There is no Selfhelp program that better epitomizes the sacred promise made by our founders – “to serve as the last surviving relative to victims of Nazi persecution.”

1989
SHARP Opens in Queens

Selfhelp’s Alzheimer’s Resource Program (SHARP) is established to meet the tremendous need for services and support for those affected by Alzheimer’s disease and their families. This program provides a warm, nurturing, and secure environment for men and women with Alzheimer’s and other forms of dementia. SHARP also provides caregivers with a welcome and needed respite, and offers support groups that are conducted in a nonjudgmental and supportive atmosphere.

1990
NORCs Join the Selfhelp Network of Services

Selfhelp emerges as a leader in providing social and health services to residents of Naturally Occurring Retirement Communities (NORCs), communities of older adults who have aged in place, so that they may remain independent in their own homes. Today Selfhelp operates four NORC programs in Queens.

Community Guardianship Program Begins

Selfhelp’s experience providing guardianship services for Nazi victims leads to its winning one of three contracts with the City of New York to provide court-appointed guardianship services to vulnerable adults.
1993

Claims Conference Funding Enables Expansion of Services

Selfhelp’s Brooklyn Holocaust Survivor program opens its doors with funding from the Conference on Jewish Material Claims Against Germany. Due to the large population of survivors in Brooklyn, a second program site opens in 2008. Thanks to Claims Conference funding, Selfhelp triples the number of survivors served annually between 1996 and 2004.

1995

Certified Home Health Agency Opens

Selfhelp opens a Certified Home Health Agency (CHHA) to provide a full spectrum of home care services to Selfhelp clients as well as individuals and families infected or affected by HIV/AIDS. Today, under a new designation from the New York State Department of Health, the CHHA offers in-home skilled nursing, physical therapy, and other professional services to a broader population of adults.

1996

Selfhelp Organizes First International Conference for Professionals Working with Holocaust Survivors

Selfhelp hosts its first International Conference at Congregation Habonim. The two-day event includes sessions on best practices, the unique needs of aging survivors, and the intergenerational transmission of trauma. Three International Conferences would follow, in 2003, 2006 and 2011, growing both in size and scope.

2003

Senior Source is Initiated

Throughout the decades, Selfhelp has assisted thousands of low-income seniors in accessing the services they need to remain independent. Senior Source was created to make this vital service available to all. An affordable, private-pay geriatric care management program, Senior Source helps families by developing, coordinating, and overseeing a personalized care plan, tailored to the unique needs and lifestyles of their loved ones.
Aging Services Technology

With the advent of personal computers in the 1980s, Selfhelp introduces computer training programs for seniors. In 2006, Selfhelp’s Board of Directors adapts Selfhelp’s mission statement to include a commitment to using pioneering new technologies to meet clients’ changing needs.

THEN AND NOW

Today, Selfhelp offers computer learning centers in all five senior centers, and much more: unobtrusive sensors that issue alerts about illness or emergencies; telehealth programs that make seniors active partners in monitoring their health, “cognitive stimulation programs” that help maintain mental acuity, and Selfhelp’s acclaimed Virtual Senior Center for the isolated homebound.

The Virtual Senior Center creates new social networks for otherwise shut-in seniors. It was launched as a public-private partnership in collaboration with Microsoft, the NYC Department for the Aging, and the NYC Department of Information Technology & Telecommunications in March 2010. Today, it has grown to become a lifeline for over 225 participants throughout New York City, on Long Island and in Baltimore, Chicago and San Diego. Participants take part in intriguing live classes facilitated by hundreds of instructors, attend tours of world-famous museums, chat with friends, enjoy yoga, learn wellness tips and discuss politics from their own homes.

The Virtual Senior Center has attracted interest from around the world, including visitors from Australia, Israel, France, Japan, and Northern Ireland.

Pictured above: Residents of the Martin Lande House enjoy music and movement along with their friends participating virtually from their homes.
2008

Creation of the Selfhelp Community Services Foundation Board

To ensure the longevity of our new initiatives, the Selfhelp Community Services Foundation is founded to raise, manage and steward philanthropic funds to support the work of Selfhelp Community Services, Inc. Today, nineteen trustees actively serve on Selfhelp’s Foundation Board.

2009

Selfhelp Publishes Definitive White Paper on Holocaust Survivors in New York

To plan for the future provision of services to Holocaust survivors, in 2009 Selfhelp undertakes a demographic analysis of the existing population of Nazi victims in New York, and projects their numbers and needs through the year 2025. Holocaust Survivors in New York, Today Through 2025 has become a highly regarded resource, widely referenced and used by those providing service to the survivor community. In 2013, Selfhelp updates the report, using new data available from UJA-Federation of New York’s Jewish Community Study. This update confirms that the number of survivors requiring services is rising, and projects significant needs for home health care and financial assistance as they age and become increasingly ill and frail.

2010

Passing the Torch – Launch of Selfhelp NextGen

The official launch of Selfhelp NextGen in October of 2010 marks an important and momentous occasion for Selfhelp Community Services. Comprised of young professionals, NextGen’s raison d’etre is to advance Selfhelp’s mission through outreach, education, volunteerism and fundraising. To date, this vibrant group has undertaken a Memoirs project to document and preserve the histories of Holocaust survivors and has hosted numerous film screenings, Coffee Houses and much more.

2012

Selfhelp Brings Witness Theater to New York

Begun in Israel by JDC-Eshel, The Witness Theater Program is an innovative and emotional intergenerational, full-year “journey” for Holocaust survivors and high school students. Guided by a trained drama therapist, the two generations elicit and reveal each survivor’s experiences, and explore issues of war, loss and trauma. The survivors are the narrators, and the students work with them to draw out their stories and re-enact their wartime experiences on stage at the end of the year. These moving accounts highlight the survivors’ memories, pain and resilience through the eyes, ears and speech of youth.

In its first year, Selfhelp partnered with the Yeshiva of Flatbush. Four years later, we are working with five schools: The Trinity School, The Heschel School, SAR Academy, Yeshiva of Flatbush and Ramaz.
The Defiant Requiem: Verdi at Terezín – a Landmark Event

Defiant Requiem: Verdi at Terezín is a multi-media presentation of Verdi’s Requiem Mass, as performed by Jewish prisoners in Theresienstadt Detention Camp from 1943 until October 1944, when the last members of the chorus were transferred to Auschwitz. The prisoners, led by conductor Rafael Schächter, learned their parts by rote from a single score, and were accompanied by a legless, out-of-tune piano. They sang for other prisoners, German officers, and delegates of the International Red Cross – singing in a spirit of defiance that could not be spoken.

In April 2013, Selfhelp worked with UJA-Federation of New York and the Defiant Requiem Foundation to hold a performance of Defiant Requiem at Avery Fisher Hall, to raise both funds and awareness for Holocaust survivors in need. So successful was this event, that an encore performance took place on March 9, 2015.

2013

New Partnerships

Kimmel Housing Development Foundation

Selfhelp expands its affordable housing portfolio to Long Island through an affiliation with the Kimmel Housing Development Foundation. Selfhelp serves as the asset manager and oversees operations of two affordable housing developments in Westbury.

Residents can now enjoy Kimmel Foundation programs and access Selfhelp’s wide network of services, such as the Virtual Senior Center. Three Selfhelp programs are housed at the Westbury site: the Abraham Scharf Center for Holocaust Survivor Services, the Long Island Licensed Home Care Services Agency and our Long Island Community Guardian program.

Hunter’s Point South Project with TF Cornerstone

Selfhelp is named as the developer, along with TF Cornerstone, in the upcoming Hunter’s Point South building development on the Long Island City, Queens waterfront. Selfhelp wins this high-profile opportunity because of its decades of experience in creating and operating affordable housing.

“...[Dad] loved being part of the Virtual Senior Center....it opened for him such a wealth and depth of information....I know deep in my heart it added more time with us and we will be forever grateful.”

– A grateful family
2014

Balancing Incentives Program Grants

As New York State seeks to reduce spending on Medicaid, it explores mechanisms for drawing on social services to improve the health of low-income seniors. Selfhelp receives three major grants to provide case management to new populations, introduce health and wellness services into housing, and support those recently discharged from the hospital so they are less likely to be readmitted.

2015

Federal and City Government Funding for Holocaust Survivors

New funding from the New York City Council and the Federal government is awarded to support the needs of Holocaust survivors. Selfhelp is a primary beneficiary. Both funding streams are the result of concerted advocacy campaigns in which Selfhelp played a crucial role.

NY Connects

Recognizing our deep expertise in both case management and home care, Selfhelp is selected by the New York City Department for the Aging to operate NY Connects, a call-in center providing information, counseling and referrals regarding long-term care services.

Charles B. Wang Community Health Center

An important expansion to our Housing with Services model, the Charles B. Wang Community Health Center opens its doors. Residents of Selfhelp’s housing, along with their neighbors, now have immediate access to high-quality medical care from primary and specialty providers.

Selfhelp’s Housing Model is Internationally Recognized

Selfhelp’s CEO, Stuart C. Kaplan, was invited to present at the International Association of Homes and Services for the Aging’s annual conference in Australia. Mr. Kaplan spoke before an audience of 1,000 professionals on Selfhelp’s novel approach to Housing with Services.
LOOKING AHEAD

• The Virtual Senior Center is expanding with new funding from the New York City Council to nearly double the number of participants. And, we have laid the groundwork to begin marketing this vital service directly to families.

• New opportunities are emerging to blend social services and health care under New York State’s health reform. Selfhelp is working with hospitals and other providers to develop new models to support patient care.
Selfhelp is engaged in ground-breaking research to demonstrate the effects of its Housing with Services model on reducing health care costs. Funding from The JPMorgan Chase Foundation is underwriting an external evaluation by Dr. Michael Gusmano of the Hastings Center.

Our new Care Transitions program – first funded in 2014 – will be extended with new State funding. The program provides coaching and social services so that patients recently discharged from the hospital will be less likely to return.

Two new senior apartment buildings are currently under construction and scheduled to open in 2016 and 2017. The buildings, located in the Bronx and Brooklyn, will collectively add 144 units of affordable housing to Selfhelp’s portfolio.

Pictured at right: Rendering of Selfhelp’s tenth building, located in the Riverdale section of the Bronx, scheduled to open in early 2016.
CARING FOR GENERATIONS: A SALUTE TO LONG-TIME MEMBERS OF THE SELFHELP FAMILY

THE NETTER FAMILY
Four generations of leadership and service

For nearly 75 years, the Netter family’s name has been synonymous with outstanding leadership and dedicated service.

Their involvement began in the early 1940’s, shortly after fleeing Europe to escape Nazi persecution. Upon arrival in America, they felt compelled to help other refugees and sought out Selfhelp. Kaete Gruenfeld Netter, matriarch of the family and one of our earliest volunteers, worked tirelessly to help immigrants find employment and settle in their new homeland.

Kaete was soon followed by her son Kurt, who joined the Selfhelp Board of Directors in 1951 and served as its Treasurer and then President. His tenure would span more than 50 years. With a keen business sense, financial acumen and deep passion for our mission, he presided over Selfhelp’s most dramatic period of growth in senior services, housing, home care and programs for victims of the Holocaust. In honor of his devotion and profound impact, Selfhelp’s Board Room proudly bears his name.

Just as Kaete imbued Kurt with a sense of responsibility to make the world a better place for those less fortunate, so too did Kurt and his wife Alice instill this same imperative in their children. Indeed, Nadine, Ron, and Fred have continued the family legacy with 38 years and counting of collective service on Selfhelp’s Board, including leadership roles on our Nazi Victim Services, Home Care and Development Committees.

The Netter family’s legacy continues with the fourth generation, Jamie and Kate – daughters of Judi and Fred Netter – who are members of Selfhelp’s young leadership division, Selfhelp NextGen.

The Netter family’s legacy continues with the fourth generation. Jamie and Kate – daughters of Judi and Fred Netter – who are members of Selfhelp’s young leadership division, Selfhelp NextGen.

With their extraordinary generosity of time, resources and spirit, the Netter Family has not only been a part of, but has also helped write the history of Selfhelp. Their collective energy, insight, and commitment have helped shape Selfhelp into the strong and vibrant organization it is today.

Pictured above: Nadine, Ron and Fred Netter with their late Mother, Alice, at the dedication of Selfhelp’s K. Fred Netter Board Room.

HARRY & HILDA SPANIER
From dedicated employees to treasured clients and friends

Roza Spanier was one of Selfhelp’s first tenants in 1965, when Selfhelp opened the doors to our first affordable senior housing site, the Helen R. Scheuer House, in Flushing, Queens … and there has been a member of the family living in one of Selfhelp’s apartment buildings ever since.

Roza was so pleased with the warm, familial environment and the available on-site services that she encouraged her son Harry, and his wife, Hilda, to join her in Queens. In 1970, Harry accepted the position of Building Superintendent at Selfhelp’s second building, the Martin Lande House, and Harry and Hilda and their two children became the very first inhabitants of this brand new residence.

“Harry tended to the building’s Jewish life as well. He helped build the Synagogue, shopped for the Torah scrolls and built its ark. He also built the annual Chanukah Menorah, prominently displayed in the lobby, and constructed the communal Sukkah each year.

At the age of 70, Harry retired. He and Hilda relocated to an upstairs apartment in the same building they had cared for, and settled into their new role as “regular residents” of the Martin Lande House. As Holocaust survivors, they felt a special kinship with their neighbors. They also enjoyed dancing and socializing at Selfhelp’s Coffee Houses. And as they both aged and daily chores became more difficult, our building social workers arranged for their meals to be delivered and their needs tended to.

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Sadly Harry passed away four years ago, but his legacy lives on in the stories told by his beloved wife Hilda – still a Martin Lande resident – and the memories of his daughter and those passed on to his beautiful grandchildren and great-grandchildren. The Selfhelp family is indeed grateful to the Spanier family for decades of dedicated service to our residents and for their treasured friendship.
LAVERNE GREEN
Committed staff member and friend for 41 years

“Dedicated, warm, caring and trusted,” are the words that best describe Laverne Green, one of Selfhelp’s most respected and longest serving staff members. Laverne began her career as an Administrative Assistant with Selfhelp’s Project Pilot program on the Upper West Side in 1974. Over the years she has worked under eight different program directors, three CEO’s and five Board Presidents. She has witnessed other changes too – office relocations, the agency’s computerization, and a slew of new regulations and benefit programs – but, as she says there has always been one constant: “the way the work is done and the commitment to doing everything possible to keep each client in their home. That has remained the same.”

No matter the task – answering the phones, taking information on a client referral, or arranging for the first delivery of meals on wheels – Laverne is always friendly, knowledgeable and willing to help. But of all her many responsibilities, her favorite is the annual Thanksgiving dinner, which she helps to arrange with our partner, the Trinity School. This event is a highlight of the season for the nearly 250 seniors who attend each year. “The students perform for our clients, serve them dinner and even give out goody bags for them to take home. It is an awesome event and it gives our seniors a needed place to go for the holiday.” One volunteer found the event so “awesome” that he contacted our CEO to explore further involvement at Selfhelp. When asked how he knew so much about our work, he replied that over the years Laverne, his Selfhelp contact, had educated him well. He is now an active member of our Board of Directors.

When asked what has kept her at the same job for so many years, Laverne responds, “being able to help people and know that I made a difference.” Indeed, during her tenure, Laverne has helped thousands of clients access the programs and services they need to remain independent, and that even includes assisting the children of past clients.

And now after 41 long and wonderful years, Laverne is retiring. Her warmth, compassion and friendship will be sorely missed by her colleagues and clients alike. She has truly made an important impact and set the bar high, serving as a role model for the provision of high-quality and compassionate care.

MARION LUST-COHEN
A Legacy of compassion and service

For the past 65 years, Marion Lust-Cohen has set the example for dedication and exemplary service to Selfhelp and our clients, both as a volunteer and staff member. She has also been an integral part of the agency’s evolution from a volunteer-led group of “émigrés helping émigrés” to the robust and vital not-for-profit organization we know today.

Having been a refugee herself, Marion had first-hand knowledge regarding the needs of those arriving from Europe. As a child, her parents sent her with a group of other children to Holland. She then escaped to England, where she first worked as a domestic and then trained as a nurse. In 1946, her aunt and uncle sponsored her entry to the United States.

Once settled in New York, she was quickly recruited as a volunteer for Selfhelp to assist newly arrived Holocaust survivors and other displaced individuals from Europe settle in New York and begin their lives anew. “It was always my wish to help people,” said Marion, “and when I had the opportunity to work with Selfhelp, I was very happy to do so.” This connection later grew into her being hired as one of our first full-time paid employees.

Marion’s efforts on behalf of her fellow émigrés, who came without family, friends or funds, included everything from collecting clothing and household items to finding job openings for them at local department stores. She was also able to provide them with the support, compassion and encouragement necessary to begin their healing and acculturation process.

During her tenure, Marion was also active on the team responsible for placing émigrés who could no longer take care of themselves with willing families in private homes. Moreover, when Selfhelp built its first housing complex in Flushing, she was on hand to interview prospective tenants and to recommend them for permanent and affordable residency.

Marion continued working at Selfhelp until her retirement in the late 1980’s. Not one to rest on her laurels, she returned to her role as a volunteer – holding numerous leadership roles – and has remained active with us ever since.

Throughout her storied and successful involvement with Selfhelp, Marion’s dedication has contributed to and laid the groundwork for so many of our achievements. We are profoundly grateful to her for her lifetime of service.
Honorees Martin Greenfield, Evelyn J. Wolff and Benjamin P.D. Schrag

Selfhelp’s 2015 Spring Cocktail Benefit took place on Monday, June 8th at Grand Hyatt New York.

The Benefit paid tribute to renowned suit maker and author, Martin Greenfield, a true hero who rebuilt his life out of the ashes of the Holocaust; Benjamin P.D. Schrag, a third generation Selfhelp leader, Selfhelp NextGen member, and EVP of Prime Clerk LLC; and Evelyn J. Wolff, Selfhelp’s VP for Real Estate Development, who has dedicated her life’s work to ensuring that high quality affordable housing is accessible to low and middle income individuals.

Close to 400 guests attended and over $530,000 was raised to support a broad range of programs and services.

Defiant Requiem: Verdi at Terezin – The Encore Performance

Selfhelp Board member Brian R. Steinwurtzel (r), with his wife Rochelle and her grandfather Mendel Lebovitch at the Avery Fisher Hall performance.

The March 9th encore performance of Defiant Requiem: Verdi at Terezin, was a shining success. In collaboration with our partners, UJA-Federation of New York and the Defiant Requiem Foundation, the event raised $1.8 million for UJA-Federation’s Community Initiative for Holocaust Survivors (CIHS), exceeding our set goal of $1 million. Thanks to generous underwriters, who funded all expenses associated with the performance, every dollar raised will provide assistance for Selfhelp’s Holocaust survivors, along with those served by our UJA-Federation sister organizations.

Our sincerest thanks to the Event Chairs: Board member Carol Levin, Sondra and Howard Hoffen, and Patti Kenner.

A New Chapter for Nazi Victim Services

Hanan Simhon

In August of 2015, Hanan Simhon was appointed as Selfhelp’s new Vice President for Nazi Victim Services. Hanan succeeded Elihu Kover, under whose leadership Selfhelp’s Nazi Victim Services program grew exponentially in size, scope and effectiveness.

Hanan joined Selfhelp more than 16 years ago and has distinguished himself in continuously expanded roles, most recently as Managing Director, Senior Communities. He served for nine years as an accomplished social services professional and supervisor in Selfhelp’s Nazi Victim Services Program and is thus intimately familiar with the challenges facing aging Holocaust survivors.

We look forward to Hanan’s contributions to this vital and historic program.
Construction begins at 333 Lenox Road.

Selfhelp will expand its Housing with Services program to Brooklyn, with the anticipated opening in early 2017 of a new affordable residence located at 333 Lenox Road. The building will add 57 new affordable apartments to Selfhelp’s portfolio, providing vitally needed housing with services for approximately 75 residents.

Selfhelp’s Virtual Senior Center Selected for a Riklis Prize

At the award ceremony l to r: CEO Stuart C. Kaplan and Board member Ralph P. Marash with management staff Tova Klein, Elizabeth Lynn, David Dring and Lois Deutsch.

We are delighted to announce that Selfhelp was the second-place recipient of the 2015 prestigious Riklis Family Prize in Social Enterprise for our innovative work with the Virtual Senior Center. The prize is awarded annually by the Riklis Family to UJA-Federation agencies for projects that achieve a double bottom line of earned revenue and social good.

New York City Council Provides Vital Funding: The Survivor Initiative

Holocaust survivor clients Mr. and Mrs. Younger at the City Council Event

On September 9, 2015, City Council Speaker Melissa Mark-Viverito, Council Member Rafael Espinal, and the City Council Jewish Caucus gathered together with dozens of New York City leaders and nearly 100 Holocaust survivors to celebrate the launch of the City Council’s new three-year $1.5 million Survivor Initiative. Selfhelp was awarded $165,000 – the program’s largest allocation to any one agency. These funds will be used to provide essential support to vulnerable survivors.

Expansion of the Virtual Senior Center

A Virtual Senior Center class in action.

New York City Council Member Paul Vallone has sponsored an initiative to promote healthy aging. After much advocacy, the Vallone Initiative will enable Selfhelp to expand the Virtual Senior Center into five new senior centers and into the lives of 158 additional homebound seniors. This will bring the total number of Virtual Senior Center participants to 383.

We are proud to report that over the past year, Selfhelp’s Virtual Senior Center provided homebound seniors with 17,228 hours of programming and 2,339 unique classes.
OVERVIEW OF PROGRAMS AND SERVICES

NAZI VICTIM SERVICES
The oldest and largest program in North America providing comprehensive services to Holocaust survivors, Selfhelp offers a full continuum of care, including enhanced case management, home health care, housekeeping, financial management/guardianship, social programs, emergency financial assistance, and more.

AFFORDABLE SENIOR HOUSING
Selfhelp’s nine affordable apartment buildings offer seniors the opportunity to lead independent lives in a warm and supportive environment. Each dwelling has emergency response systems and closed-circuit TV surveillance, and is close to public transportation and Selfhelp senior centers. Residents have access to on-site services, including health and wellness, social work, skilled nursing and home care when, and if, needed.

HOME HEALTH CARE
A leading provider of home health care in the New York City metropolitan area, Selfhelp annually delivers over two million hours of home care to elderly or frail individuals, and families at-risk. Services are designed to maintain independent living and include skilled nursing, assistance with activities of daily living, housekeeping, homemaking and therapeutic care. Selfhelp’s highly regarded training program provides high-caliber education and certification to 350 home health aides each year.

SENIOR CENTERS
Selfhelp’s five senior centers, including one of the first to be designated by the City of New York as an Innovative Senior Center, offer a wide variety of life-enhancing programs such as computer classes, concerts, lectures, and health and wellness workshops, as well as nutritious meals for seniors living in the surrounding communities. Three of these senior centers are now key sites for Selfhelp’s expanding Virtual Senior Center.
CASE MANAGEMENT
Selfhelp’s three comprehensive Case Management programs help seniors through a collaborative process of assessment, planning, facilitation, care coordination, evaluation, and advocacy. Expert assistance is provided in accessing entitlements and benefits, as well as financial assistance, home delivered meals and chore services. The goal is to enable vulnerable seniors to continue to live independently in their own homes.

ALZHEIMER’S PROGRAMS
The Selfhelp Alzheimer’s Resource Program (SHARP) provides social adult day care, assessment and referral, together with music therapy and other social activities for individuals in the early to mid-stages of Alzheimer’s disease. The program also offers support groups for caregivers.

COMMUNITY GUARDIANSHIP
Selfhelp’s Community Guardian Program serves as court-appointed legal guardian for clients referred by Adult Protective Services (APS), who are over 18 years of age and unable to manage their financial or domestic affairs.

NATURALLY OCCURRING RETIREMENT COMMUNITIES (NORCs)
Selfhelp’s NORC programs provide senior residents in four large cooperative housing complexes with the supportive services they need to continue living in their own homes. Selfhelp’s on-site services include case management, counseling, health screenings, and social, recreational, and educational programs.

CARE TRANSITIONS
Aimed at reducing the rate of hospital readmissions, our Care Transitions program provides coaching and short term case management to patients at three hospitals in Queens who are identified as being at risk of readmission. Coaching takes place in the hospital, at home and via telephone during the first 30-days post discharge. The goal is to maximize understanding and compliance with discharge plans as well as to improve access to health and social services.

NY CONNECTS
Selfhelp’s new NY Connects Program of Queens opened its doors and took its first call on September 30th, 2015. The goal of the program is to provide consistent, comprehensive, locally based information and assistance on long term care services and supports for individuals, caregivers and families.

SELFHELP INNOVATIONS
Selfhelp has pioneered a number of technologies aimed at enhancing the quality of later life. From congregate telehealth services to Virtual Senior Center programming, Selfhelp continually seeks new “high-tech, high-touch” models to maintain wellness and to re-engage and energize vulnerable, isolated seniors across New York City as well as nationwide.
## Combined Balance Sheet

**As of June 30, 2015 and 2014**

The accompanying financial statements have been extracted from the compilation reports issued by independent certified public accountants. The compilation reports are available upon request to Selfhelp Community Services, Inc. at 520 Eighth Avenue, New York, NY 10018.

### ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>$7,047,624</td>
<td>$4,782,838</td>
</tr>
<tr>
<td>Investments</td>
<td>$11,454,822</td>
<td>$11,547,707</td>
</tr>
<tr>
<td>Accounts receivable - net</td>
<td>$10,889,350</td>
<td>$10,556,801</td>
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<tr>
<td>Contributions receivable and other Current Assets</td>
<td>$3,649,429</td>
<td>$2,713,271</td>
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<tr>
<td>Guardianship assets held in trust</td>
<td>$16,305,110</td>
<td>$17,798,777</td>
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<tr>
<td><strong>Total current assets</strong></td>
<td>$49,346,335</td>
<td>$47,399,394</td>
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<tr>
<td><strong>Restricted assets and funded reserves - cash</strong></td>
<td>$4,818,164</td>
<td>$3,860,467</td>
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<tr>
<td><strong>Other assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Assets held for deferred compensation - investments</td>
<td>$1,011,457</td>
<td>$1,158,527</td>
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<tr>
<td>Deferred financing costs and development fees</td>
<td>$2,284,606</td>
<td>$2,032,008</td>
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<tr>
<td>Fixed assets - net</td>
<td>$127,739,533</td>
<td>$123,620,657</td>
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<tr>
<td><strong>Total other assets</strong></td>
<td>$131,035,596</td>
<td>$126,811,192</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$185,200,095</td>
<td>$178,071,053</td>
</tr>
</tbody>
</table>

### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$6,972,081</td>
<td>$5,933,284</td>
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<tr>
<td>Accrued salaries and related benefits payable</td>
<td>$8,958,821</td>
<td>$2,363,769</td>
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<tr>
<td>Due Third Parties and Other Liabilities</td>
<td>$6,101,101</td>
<td>$6,294,077</td>
</tr>
<tr>
<td>Loans and mortgages payable</td>
<td>$9,924,216</td>
<td>$2,264,363</td>
</tr>
<tr>
<td>Guardianship assets held in trust</td>
<td>$16,305,110</td>
<td>$17,798,777</td>
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<tr>
<td><strong>Total current liabilities</strong></td>
<td>$48,261,329</td>
<td>$34,654,270</td>
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<tr>
<td><strong>Long-term liabilities</strong></td>
<td></td>
<td></td>
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<tr>
<td>Deferred compensation payable</td>
<td>$1,345,827</td>
<td>$1,221,453</td>
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<tr>
<td>Deferred rent payable</td>
<td>$1,337,868</td>
<td>$1,111,325</td>
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<tr>
<td>Capital advances</td>
<td>$14,403,600</td>
<td>$14,403,600</td>
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<tr>
<td>Line of credit, notes, loans and mortgages payable</td>
<td>$43,759,423</td>
<td>$53,009,382</td>
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<tr>
<td><strong>Total long-term liabilities</strong></td>
<td>$60,846,718</td>
<td>$69,745,760</td>
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<tr>
<td><strong>Total liabilities</strong></td>
<td>$109,108,047</td>
<td>$104,400,030</td>
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<tr>
<td><strong>Net assets</strong></td>
<td></td>
<td></td>
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<tr>
<td>Unrestricted</td>
<td>$68,702,292</td>
<td>$65,794,483</td>
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<td>Temporarily restricted</td>
<td>$7,389,756</td>
<td>$7,876,540</td>
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<tr>
<td><strong>Total net assets as restated</strong></td>
<td>$76,092,048</td>
<td>$73,671,023</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$185,200,095</td>
<td>$178,071,053</td>
</tr>
</tbody>
</table>
## SELFHELP COMMUNITY SERVICES, INC. AND AFFILIATES

### Combined Statement of Activities

*For the years ended June 30, 2015 and 2014*

- These amounts do not include approximately $0.9 million and $2.2 million of contributions and related income earned by the Selfhelp Community Services Foundation in fiscal years ended June 30, 2015 and June 30, 2014, respectively.

#### Revenues, Grants and Contributions

<table>
<thead>
<tr>
<th>Description</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home care revenue</td>
<td>$ 40,549,277</td>
<td>$ 39,360,543</td>
</tr>
<tr>
<td>Government revenue</td>
<td>11,975,035</td>
<td>9,585,642</td>
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<tr>
<td>Contributions and program grants</td>
<td>15,195,579*</td>
<td>15,543,101*</td>
</tr>
<tr>
<td>Rental income</td>
<td>11,884,850</td>
<td>11,894,618</td>
</tr>
<tr>
<td>Program revenue</td>
<td>1,342,462</td>
<td>587,086</td>
</tr>
<tr>
<td>Investment Activity</td>
<td>300,789</td>
<td>2,701,861</td>
</tr>
<tr>
<td><strong>Total Revenues, Grants and Contributions</strong></td>
<td><strong>81,197,992</strong></td>
<td><strong>79,672,851</strong></td>
</tr>
</tbody>
</table>

#### Operating expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home care programs</td>
<td>39,837,593</td>
<td>36,540,998</td>
</tr>
<tr>
<td>Housing programs</td>
<td>6,074,570</td>
<td>5,704,897</td>
</tr>
<tr>
<td>Community programs</td>
<td>20,860,877</td>
<td>19,503,856</td>
</tr>
<tr>
<td>Management and general</td>
<td>11,953,578</td>
<td>11,376,179</td>
</tr>
<tr>
<td>Fund raising</td>
<td>863,176</td>
<td>964,906</td>
</tr>
<tr>
<td><strong>Total operating expenses</strong></td>
<td><strong>79,589,794</strong></td>
<td><strong>74,090,836</strong></td>
</tr>
</tbody>
</table>

Income from operations before depreciation and amortization and other changes

<table>
<thead>
<tr>
<th>Description</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1,608,198</td>
<td>5,582,015</td>
</tr>
<tr>
<td>Depreciation and amortization</td>
<td>(4,799,947)</td>
<td>(4,595,639)</td>
</tr>
<tr>
<td><strong>Income (loss) from operations before other changes</strong></td>
<td><strong>(3,191,749)</strong></td>
<td><strong>986,376</strong></td>
</tr>
</tbody>
</table>

Other changes

<table>
<thead>
<tr>
<th>Description</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions for Investment in Limited partnerships</td>
<td>671,898</td>
<td></td>
</tr>
<tr>
<td>Equity contributions from Equity Partners</td>
<td>6,496,022</td>
<td>1,608,854</td>
</tr>
<tr>
<td>Prior year revenue adjustments</td>
<td>(1,221,037)</td>
<td></td>
</tr>
<tr>
<td>Reserve for investment in SinglePoint Care Network, LLC</td>
<td>(1,776,053)</td>
<td></td>
</tr>
<tr>
<td><strong>Change in net assets</strong></td>
<td>3,976,171</td>
<td>(401,860)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Description</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net assets - beginning of year prior to restatement</td>
<td>73,671,023</td>
<td>73,565,191</td>
</tr>
<tr>
<td>Net asset adjustments</td>
<td>(1,555,146)</td>
<td>507,692</td>
</tr>
<tr>
<td>Restated net assets - beginning of year</td>
<td>72,115,877</td>
<td>74,072,883</td>
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<tr>
<td><strong>NET ASSETS - END OF YEAR</strong></td>
<td><strong>$76,092,048</strong></td>
<td><strong>$73,671,023</strong></td>
</tr>
</tbody>
</table>
## Balance Sheet

**As of June 30, 2015 and 2014**

The accompanying financial statements have been extracted from audit reports issued by independent certified public accountants. The audit reports are available upon request to Selfhelp Community Services, Inc. at 520 Eighth Avenue, New York, NY 10018.

### ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>$ 719,381</td>
<td>$ 584,488</td>
</tr>
<tr>
<td>Investments</td>
<td>5,683,737</td>
<td>5,335,304</td>
</tr>
<tr>
<td>Contributions receivable</td>
<td>187,262</td>
<td>342,542</td>
</tr>
<tr>
<td>Prepaid expenses</td>
<td>—</td>
<td>17,833</td>
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<tr>
<td>Due from Selfhelp Community Services, Inc.</td>
<td>276,863</td>
<td>271,541</td>
</tr>
<tr>
<td>Equipment, net</td>
<td>7,870</td>
<td>—</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$ 6,875,113</td>
<td>$ 6,551,708</td>
</tr>
</tbody>
</table>

### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liabilities</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$ 5,200</td>
<td>$ 14,685</td>
</tr>
<tr>
<td>Grants Payable</td>
<td>920,000</td>
<td>—</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td>925,200</td>
<td>14,685</td>
</tr>
<tr>
<td>Net assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>653,710</td>
<td>675,864</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>5,296,203</td>
<td>5,861,159</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td>5,949,913</td>
<td>6,537,023</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$ 6,875,113</td>
<td>$ 6,551,708</td>
</tr>
</tbody>
</table>
## Statement of Activities

For the years ended
June 30, 2015 and 2014

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenues and other support</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td>$251,937</td>
<td>$74,284</td>
</tr>
<tr>
<td>Special Event Revenue</td>
<td>548,791</td>
<td>1,199,528</td>
</tr>
<tr>
<td>Investment gains</td>
<td>115,016</td>
<td>883,378</td>
</tr>
<tr>
<td><strong>Total revenues, investment gains and other support</strong></td>
<td><strong>915,744</strong></td>
<td><strong>2,157,190</strong></td>
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<tr>
<td><strong>Expenses</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td>1,300,303</td>
<td>1,739,883</td>
</tr>
<tr>
<td>Management and general</td>
<td>35,028</td>
<td>32,623</td>
</tr>
<tr>
<td>Fund raising</td>
<td>30,589</td>
<td>68,718</td>
</tr>
<tr>
<td>Direct cost of special events</td>
<td>136,934</td>
<td>185,176</td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td><strong>1,502,854</strong></td>
<td><strong>2,026,400</strong></td>
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<tr>
<td><strong>Change in net assets</strong></td>
<td>(587,110)</td>
<td>130,790</td>
</tr>
<tr>
<td><strong>Net assets - beginning of year</strong></td>
<td>6,537,023</td>
<td>6,406,233</td>
</tr>
<tr>
<td><strong>Net Assets - End of Year</strong></td>
<td>$5,949,913</td>
<td>$6,537,023</td>
</tr>
</tbody>
</table>
Founders Society

From our earliest days, Selfhelp has been blessed by the involvement of scores of individuals committed to our mission.

Selfhelp’s Founders Society recognizes our generous friends and partners who have supported us with cumulative donations of $25,000 or more.

We offer our deepest appreciation to our Founders - both present and those no longer with us - who have helped to make Selfhelp Community Services the vital organization it is today.

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Deepest thanks to our Supporters for the Fiscal Year 2015 (July 1, 2014–June 30, 2015)

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- SCS Foundation Trustee
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Selfhelp is a grateful recipient of major annual support from:

Pillar- $5,000,000 and over
- Conference on Jewish Material Claims Against Germany
- Conference on Jewish Material Claims Against Germany for the provision of essential social services to Jewish victims of Nazi persecution
- Conference on Jewish Material Claims Against Germany for the Austrian Holocaust Survivor Emergency Assistance Program
- Conference on Jewish Material Claims Against Germany for the Emergency Assistance Program for Nazi Victims at the direction of the United States District Court supervising the lawsuit In Re: Holocaust Victim Assets Litigation (Swiss Banks)
- Conference on Jewish Material Claims Against Germany Holocaust Emergency Assistance Program from the Harry and Jeanette Weinberg Holocaust Survivor Emergency Assistance Fund, administered by the Conference on Jewish Material Claims Against Germany for the short-term needs of Jewish victims of Nazi persecution
- Funds from the Rabbi Israel Miller Fund for Shoah Research, Documentation and Education or the Conference on Jewish Material Claims Against Germany

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Comprehensive Case Management for Holocaust Survivors
- Core Operating Support Grant
- Core Services for Holocaust Survivors
- Fresh Meadows NORC – SSP
- Jeanette Solomon Cultural Arts Program
- Improving Quality of Life for Holocaust Survivors
- New York Times Neediest Cases
- CastrDirect Assistance Grant
- Oceanside Pre-Development Project
- Queensview/North Queensview
- NORC – Jeanette Solomon Cultural Arts Program
- Riklis Prize in Innovation
- Selfhelp NORCs Health Indicators Program
- Selfhelp Safety Net: Comprehensive Case Management for Elderly and Disabled Jews
- Selfhelp Senior Center Music Program
- Social Gatherings for Holocaust Survivors
- Witness Theater
- Selfhelp also receives major funding from:
  - Nassau County Department of Social Services
  - New York City Administration for Children’s Services
  - Adult Protective Services
  - Department for the Aging
  - Department of Health
  - Department of Housing, Preservation and Development
  - Housing Authority
  - Housing Development Corporation
  - Human Resources Administration
  - Borough Presidents
  - Members of the City Council
  - New York State Department of Health
  - Homes and Community Renewal
  - Office for the Aging
  - Office of Temporary & Disability Assistance
The Fran Eizenstat Legacy Project was created to ensure the necessary funding to care for the last generation of Holocaust survivors – specifically those who are frail, alone and, much too often, impoverished. A brainchild of Co-Chairs Dennis Baum and Karin Shewer Krugman, the Legacy Committee is composed mainly of those who, because of their family background or personal interest, share a passion to help Holocaust survivors in need. We gratefully acknowledge the efforts of Honorary Chairman Ambassador Stuart Eizenstat.
Selfhelp NextGen is a dynamic group of young professionals from the New York City area deeply committed to Selfhelp's mission of maintaining the independence and dignity of seniors and at-risk populations. The group maintains a special focus on enhancing the lives of Holocaust survivors, and seeks to ensure that the promise made by our founders - to serve as the “last surviving relative” to victims of Nazi persecution - is fulfilled. Since its inception in 2010, Selfhelp NextGen has organized volunteer projects, film screenings, and outreach events in an effort to educate their peers regarding the needs of some of the most vulnerable members of our community. To get involved or learn more, visit www.selfhelp.net/selfhelp-nextgen or email sperlman@selfhelp.net.

SELFHELP NEXTGEN

Selfhelp NextGen is a dynamic group of young professionals from the New York City area deeply committed to Selfhelp’s mission of maintaining the independence and dignity of seniors and at-risk populations. The group maintains a special focus on enhancing the lives of Holocaust survivors, and seeks to ensure that the promise made by our founders - to serve as the “last surviving relative” to victims of Nazi persecution - is fulfilled. Since its inception in 2010, Selfhelp NextGen has organized volunteer projects, film screenings, and outreach events in an effort to educate their peers regarding the needs of some of the most vulnerable members of our community. To get involved or learn more, visit www.selfhelp.net/selfhelp-nextgen or email sperlman@selfhelp.net.
CONFERENCE ON JEWISH MATERIAL CLAIMS AGAINST GERMANY

Selfhelp and the Claims Conference share a collaborative history dating back more than five decades. The Claims Conference has played the essential role in enabling Selfhelp to grow its services to meet the increasing needs of victims of Nazi persecution throughout the New York metropolitan area. With invaluable Claims Conference funding, Selfhelp has expanded the size and scope of its Nazi victims services network. This funding has been instrumental in Selfhelp’s ability to offer services in Brooklyn, the Bronx, and Nassau County and in broadening services in Manhattan and Queens. Programs such as emergency cash assistance and subsidized home care have helped thousands of Nazi victims live with dignity. On behalf of those we serve, we are ever grateful for such critical funding, which helps provide this aging and fragile population with care they so rightfully deserve.
SUPPORTING SELFHELP

We greatly appreciate all contributions and are deeply thankful for our wonderful donors. To donate to Selfhelp, or to receive additional information about our 80th Anniversary Annual Campaign – Propelling Us Forward, the Caring for Generations Tribute Fund, Estate Planning, or Matching Gifts Program, please contact Selfhelp’s Development Department at 212-971-7764, or visit our website at www.selfhelp.net/donate.

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Selfhelp would also like to acknowledge the generosity of donors whose gifts of $99 or less are too numerous to list.

Caring for Generations Tribute Fund In Honor Of:
The following individuals were recognized by friends and family as they celebrated special occasions:

Janeta Abelson
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We salute our many Community Partners who, through working together, enable Selfhelp to fulfill its commitment to the thousands of New Yorkers who rely on us for care.
An affiliate agency of UJA-Federation of New York since 1983, Selfhelp Community Services has been the recipient of generous core funding and program grants as well as a multitude of essential organizational services. Just as importantly, the warm partnership that Selfhelp enjoys with our colleagues at UJA-Federation has offered us entrée to their network of relationships throughout the New York City community. We are exceptionally grateful for initiatives that have enabled us to leverage UJA support, such as the New York Times Neediest Campaign, advocacy work with government agencies, and introductions to individuals and foundations. We are proud to have once again been a co-sponsor of Defiant Requiem: Verdi at Terezín and to be a primary beneficiary of this event. We take this opportunity to publicly thank UJA-Federation of New York for their steadfast support and commitment to Selfhelp Community Services.
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212-971-5475 520 Eighth Avenue, 5th Floor, New York 10018 Ruth Rosado, Program Director

Witness Theater Program
212 971-7768 520 Eighth Avenue, 5th Floor, New York 10018 Eve Udesky, Program Director

Financial Assistance Programs
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For other inquiries, please call Mohini Mishra, Programs Director at 718-762-6803.

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516-505-2571

New York Community Guardian
212-971-7776 520 Eighth Avenue, 5th Floor, New York 10018

Selfhelp Alzheimer’s Resource Program (SHARP)
718-631-1886 208-11 26th Avenue, Bayside 11360

NYC Connects
718-553-4400 45-35 Kissena Boulevard Flushing, 11355

Selfhelp Senior Programs Director
212-971-5474 520 Eighth Avenue, 5th Floor, New York 10018 Angela Williams, LCSW, Programs Director, Case Management

Selfhelp Innovations
212-971-7708 520 Eighth Avenue, 5th Floor, New York 10018

David Dring, Executive Director
When the time came, a small group

Dear Friends

22 Highlights From an Outstanding Year

Selfhelp Community Services Board of Directors 2015 - 2016

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A Salute to Long-time Members of the Selfhelp Family

EXECUTIVE LETTER

TO THE COMMUNITY

In their early years, leaders who founded Selfhelp faced great challenges. Their purpose: to take action to rescue their friends, neighbors, and relatives who were still stranded in Europe and facing increased danger from the Nazi regime. From this initial meeting, the organization we know today as Selfhelp Community Services was born.

We are proud to present our 80th Anniversary Annual Report, and we invite you to journey with us through Selfhelp’s fascinating story. Over the decades, our constituency has greatly expanded and our service offerings have increased in number. Yet, the values that guided Selfhelp from its inception are ever-present. Living independently with dignity remains the motif that runs through our history and still drives our work 80 years later. This is illustrated, time and again, through the stories we write:

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Mr. S., a 100-year young, enjoys visiting with his fellow residents at Selfhelp’s Jeanette Weinberg Apartments, and the comfort of knowing that his Selfhelp social worker is just down the hall.

Mrs. A., homebound and recovering from a stroke, rekindles her love of music and the arts through classes she takes as a participant in our Virtual Senior Center.

November 10, 1936. It was a chilly November evening when a small group of recent German émigrés came together in the living room of a Manhattan apartment.

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